

# CHRISTIAN HESTER, M.D.

501-908-9233

## Ophthalmic Employment History

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7/13 – Present Cornea and External Disease, Little Rock Eye Clinic, Little Rock, AR

3/12 – 6/12 General Ophthalmologist, Hester Eye Care, Magnolia and Camden, AR

## Postgraduate Training

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7/7/12 – 7/6/13 Fellowship, Cornea, Refractive, and Anterior Segment Surgery, Baylor College of Medicine, Houston, TX

3/09 – 2/12 Residency, Ophthalmology, California Pacific Medical Center, San Francisco, CA

7/08 – 2/09 Pre-residency Research Fellowship, American Academy of Ophthalmology and CPMC, San Francisco, CA

6/07 – 5/08 Internship, Internal Medicine, University of Arkansas for Medical Sciences, Little Rock, AR

## Education

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2003 - 2007 M.D., University of Arkansas for Medical Sciences, Little Rock, AR

1999 - 2003 B.A. (Magna Cum Laude and With Distinction), Economics and Business, Hendrix College, Conway, AR

## Ophthalmology Externships

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8/08/11 – 8/12/11 Warren Hill, M.D. Mesa, AZ. Focus: Challenging IOL Calculations.

8/30/11 – 9/20/11 Aravind Eye Hospital. Madurai, Tamilnadu, India. Focus: Manual Small Incision Cataract Surgery.

## Leadership Positions

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- Member-In-Training Representative, American Academy of Ophthalmology Young Ophthalmologist Committee (2010 – 2013)
- Member, Board of Trustees, California Academy of Eye Physicians and Surgeons (2010 – 2011)
- President, UAMS College of Medicine Class (2003 – 2007)
- Member, Board of Trustees, Arkansas Medical Society (2006 – 2007)
- Member, Medical Education Foundation for Arkansas Board of Directors (2005 – 2007)
- Member, Legislation Review Committee, Arkansas Medical Society (2006 – 2007)
- Member, Political Action Committee, Arkansas Medical Society (2005 – 2006)
- Student Director, Independent Student Analysis for LCME Accreditation, UAMS College of Medicine (2005 – 2006)
- Arkansas Chair, American Medical Association-Medical Student Section (2004 – 2005)

- Arkansas Student Voting-Delegate, American Medical Association (2004 – 2005)
- Student Representative, Curriculum Committee, UAMS College of Medicine (2003 – 2004)
- President, Student Senate, Hendrix College (2002 – 2003)
- President, Martin Hall (College Residence Hall), Hendrix College (2001 – 2002)
- Student Senator, Martin Hall, Hendrix College (2000 – 2001)
- President of Future Business Leaders of America Magnolia High School Chapter (1998 – 1999)

## **Honors and Awards**

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- Goar Awards 2013, Kirk Wilhelmus, M.D., Ph.D. Award for Best Fellow Research Presentation. Hester CC, Weikert MP, Pflugfelder SC. “iPhone Slit Lamp Photography and Videography as a Tool to Evaluate Ocular Surface Disease in Dry Eye.” Cullen Eye Institute Annual Research Day Meeting, Houston, TX. June 14, 2013.
- People’s Choice Award and Best in Category (Instruments and Devices). Weikert MP, Pflugfelder SC, Moss BH, Hester CC. “How to Obtain High-Quality iPhone Slitlamp Photographs, Slitlamp Videos, and Surgical Microscope Videos. American Society of Cataract and Refractive Surgeons Annual Meeting, San Francisco, CA. April 22, 2013.
- Best Paper of Session (2-L Supplemental Survey and iPhone Photos). Hester CC, Weikert MP, Pflugfelder SC. “iPhone Slit Lamp Photography and Videography as a Tool to Evaluate Ocular Surface Disease in Dry Eye.” American Society of Cataract and Refractive Surgeons Annual Meeting, San Francisco, CA. April 21, 2013.
- Starr E. Shulman Fellow, California Academy of Eye Physicians and Surgeons/AAO Advocacy Ambassador Program (2009)
- Alpha Omega Alpha Honor Society, UAMS College of Medicine (2006)
- Outstanding Medical Student Ophthalmology Research Award, Jones Eye Institute, UAMS College of Medicine (2005 and 2006)
- Ethel Brickey Hicks Scholar, UAMS College of Medicine (2006)  
“Awarded to a senior medical student, as voted upon by his/her classmates, who is caring and compassionate, has high moral and ethical value, and is dedicated to healing and contributing his or her time and skills to the community. The student should be the person who the class would most want representing the medical profession to the public.”
- Dean’s Office Scholarship, UAMS College of Medicine (2006)  
“It is designed to reward humanitarian public service as demonstrated by superior awareness of, and accomplishments in, community and civic activity. Three scholarships are given: 1 to a rising sophomore, junior, and senior student. The winner is nominated by classmates. The final selection is made by the scholarship committee and the Dean’s Office.”
- National AMA Foundation Leadership Award (2006)  
A national award given to 15 medical students who demonstrate outstanding non-clinical leadership skills in advocacy, community service and/or education.
- Barton Foundation Scholarship, UAMS College of Medicine (2006)  
Awarded to students with 4.0 GPAs.
- Medical Student Leadership Award, Arkansas Medical Society (2006)
- Outstanding Legislative Advocacy Award, Arkansas Medical Society (2005)  
Created simple and convenient mechanisms for students to make hundreds of phone, email, and personal correspondences with state legislators in support of Clean Indoor Air Act, Patient Protection Act, and Trauma System Legislation. Organized class meetings and lunch lectures to educate students on how to effectively participate in the legislative process. Held press conferences at the State Capitol and UAMS.
- Rhodes Scholar Semifinalist (2003 and 2004)
- President’s Medal of Hendrix College (2003)

“Presented each year to the graduating senior who best exemplifies the highest ideals of the College. Criteria include excellence in scholarship, outstanding citizenship, and community service.”

- **Mosley Economics and Business Award, Hendrix College (2003)**  
Presented each year to the student studying economics and business who ranks highest in departmental courses and on the comprehensive examination.
- **Science Information Liaison Office Research Grant (2003)**  
Grant from Arkansas State Government to study access to and quality of rural health care.
- **State Farm’s Exceptional Business Student Fellowship (2002)**  
1 of 50 students selected nationally on the basis of their scholastic performance, business leadership potential, extracurricular and volunteer activities, and faculty recommendations.

## **Bibliography**

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- Hester CC. iDeviceography Web Tutorial. [www.phaco.ascrs.org](http://www.phaco.ascrs.org). American Society of Cataract and Refractive Surgeons. June 2013.
- Hester CC. Slit-lamp Photography with a Smartphone. *Today’s Practice. Advanced Ocular Care*. September/October 2012.
- Hester CC. Smartphoneography – Take Journal-Quality Photographs with Your iPhone. *Young Ophthalmologist Newsletter. American Academy of Ophthalmology*. September 2012.  
<http://www.aao.org/yo/newsletter/201209/article04.cfm>.
- Hester CC. Smart Phoneography – How to take slit lamp photographs with an iPhone. EyeWiki. American Academy of Ophthalmology.  
[http://eyewiki.aao.org/Smart\\_Phoneography\\_-\\_How\\_to\\_take\\_slit\\_lamp\\_photographs\\_with\\_an\\_iPhone](http://eyewiki.aao.org/Smart_Phoneography_-_How_to_take_slit_lamp_photographs_with_an_iPhone)
- Hester CC, Moscato EE, Kazakov DV, Vanecek T, Moretto JC, Seiff SR. A New Cyldromatosis (CYLD) Gene Mutation in a Case of Brooke-Spiegler Syndrome Masquerading as Basal Cell Carcinoma of the Eyelids. *Ophthal Plast Reconstr Surg*. June 2012.
- Hester CC and Silkiss RZ. The Cellulitis That Wouldn’t Go Away. *Morning Rounds. EyeNet*. October 2010.
- Fu AD, Hester CC, Imes RK, Lujan BJ, McDonald MH, Johnson RN, Jumper JM, Cunningham ET. Dominant Bilateral Combined Hamartoma of the Retina and Retinal Pigment Epithelium or a New Familial Optic Nerve Dysgenesis? *Retina Society 43<sup>rd</sup> Annual Scientific Meeting*; September 24, 2010; San Francisco, CA.
- Hester CC, Imes RK, Lujan BJ, Fu AD. Dominant Bilateral Combined Hamartoma of the Retina and Retinal Pigment Epithelium or a New Familial Optic Nerve Dysgenesis? *ARVO Abstracts 2010*; 3546.
- Hester CC, Silkiss RZ, Spencer WH. What’s Slippery as Oil, Waxy as a Candle, and Has Granulomas All Over. *Morning Rounds. EyeNet*. June 2009.
- Hester CC, Schoessow KA, Schuchard RA, Fletcher DC. Impact of Low Vision Rehabilitation and Occupational Therapy on Timed Instrumental Activities on Daily Living. *ARVO Abstracts 2009*; 4714.
- Hester CC. American Board of Ophthalmology Certification Information. *Young Ophthalmologist Program Guide. AAO Joint Meeting 2008*.
- Hester CC. Tips on Using the O.N.E. Network. *Young Ophthalmologist Program Guide. AAO Joint Meeting 2008*.
- Hester CC. Rural Access to Quality Care Reduced by at Least Twice That of the National Average. *Journal of the Arkansas Medical Society*. November 2003.
- Hester CC and Stanley TD. Medicare Fee Cuts Reduce Rural Access to Care: AR CARE (Concerned About Rural Effects) Study. *National Rural Health Association. U.S. Congress*. June 2003.
- Hester CC. Access to Quality Health Care. *National Conference on Undergraduate Research. Salt Lake City, UT*. March 2003.

## **Presentations**

- Hester CC, Weikert MP, Pflugfelder SC. “iPhone Slit Lamp Photography and Videography as a Tool to Evaluate Ocular Surface Disease in Dry Eye.” Cullen Eye Institute Annual Research Day Meeting, Houston, TX. June 14, 2013.
- Hester CC, Weikert MP, Pflugfelder SC. “iPhone Slit Lamp Photography and Videography as a Tool to Evaluate Ocular Surface Disease in Dry Eye.” Session 2-L. American Society of Cataract and Refractive Surgeons Annual Meeting, San Francisco, CA. April 21, 2013.
- Hester CC. “How to Implement iPhone Slit lamp Photography, Slit lamp Videography, and Surgical Microscope Videography Into Your Practice.” American Society of Cataract and Refractive Surgeons Annual Meeting Course, San Francisco, CA. April 21, 2013.
- Hester CC. “Bilateral Optic Neuropathy.” Western Retina Study Club. San Francisco, CA. March 20, 2010.
- Hester CC. “A report from the Members-In-Training.” Presentation to the AAO’s Spring Council Meeting. Washington, D.C. April 25, 2009.
- Hester CC. "Statistics in the Context of Clinical Trials." Presentation to the American Academy of Ophthalmology staff. San Francisco, CA. February 19, 2009.
- 31 additional presentations at case-based symposia and research conferences for ophthalmologists. March 2009 - June 2011.

## **Films**

- Weikert MP, Pflugfelder SC, Moss BH, Hester CC. “How to Obtain High-Quality iPhone Slitlamp Photographs, Slitlamp Videos, and Surgical Microscope Videos. American Society of Cataract and Refractive Surgeons Annual Meeting, San Francisco, CA. April 22, 2013.

## **Volunteerism and Memberships**

- Guest Medical Editor. Academy Live. AAO Joint Meeting 2009. San Francisco, CA.
- Consultant. Fundamentals of Ophthalmic Medical Assisting. Video Version 5.1. 2009.
- Volunteer at the North Little Rock River City Free Medical Clinic (2004 – 2008)  
Services include performing free comprehensive eye examinations and fitting patients with donated glasses at least one weekend day a month. Coauthor of \$10,000 grant awarded by National Eye Institute.
- Student Organizer and Participant of the Student Sight Saver Program at UAMS (2004 – 2008)  
A program funded by Friends of the Congressional Glaucoma Caucus where medical students and doctors provide free glaucoma screenings and treatment at least once a month.
- Developed and implemented the “Three’s a Crowd” Bone Marrow Drive (August 2005 – 2006)  
Arkansas AMA service project responsible for registering over ninety people for the National Marrow Donor Program. Media coverage spawned additional student drives and generate funding for their support. Personally raised \$7,000 for drives.
- Volunteer for Arkansas Advisory Team of the Southern Education Foundation (June 2003 – January 2005)  
Spoke and researched topics concerning public education reform in Arkansas.
- Founder and Executive Director of Arkansas EDU (Education Develops Us) Grassroots Organization and Political Action Committee, Little Rock and Conway, AR (October 2002 – August 2003)  
A student led organization that raised tens of thousands of dollars in contributions and united the student governments from all 19 four-year colleges and universities to play a key role in successfully lobbying for the reinstatement of \$32 million in state scholarships. Efforts covered in state and national media (e.g., *USA Today*, *The Dallas Morning News*, *Arkansas Democrat-Gazette*, etc.).

## **Work Experience**

- American Academy of Ophthalmology, San Francisco, CA (July 2007 – February 2008)  
Performed social media needs and risk/benefit analysis. Acted as a link between physician leaderships, young

ophthalmologist leadership, and AAO staff. Worked with legal counsel, VP of Clinical Education, VP of Member Services and Marketing, and VP of Information Technology to translate analysis into project plan.

- Political and Policy Intern, Arkansas Medical Society, Little Rock, AR (February 2007)
- Political and Policy Intern, American Academy of Ophthalmology, Washington, D.C. (July 2006)
- Registered Arkansas State Lobbyist (October 2002 – August 2003)
- Musician, Barista, and Waiter. Carol's Gourmet Grounds Coffee House, Magnolia, AR (1997 – 1999)